

# SCOTTISH VETERANS

CROSS—COUNTRY

CHAMPIONSHIPS

1975

ORGANISED BY



SCOTTISH CROSS COUNTRY UNION

SCOTTISH CROSS-COUNTRY UNION

**SCOTTISH VETERANS CROSS-COUNTRY CHAMPIONSHIPS**

from ESK VALLEY COLLEGE, DALKEITH, MIDLOTHIAN

SUNDAY, 2nd MARCH, 1975

organised by

**THE SCOTTISH VETERAN HARRIERS CLUB**

**OFFICIALS**

Referee: J. R. SCOTT, Esq. (President S.C.C.U.)

Hon. Starter: F.R. FLEMINGTON, Esq., Assistant Youth & Community  
Service Officer for Midlothian.

Judges: G. DALLAS, M.B.E. (Hon. President SVHC)  
J.F. WALKER, O.B.E.

J. GIRVIN, D. URQUHART

Timekeepers: G. Aithie, D.B. Brooke; W. Fulton

Recorders: G. Pickering J. Bissell E.F. Bruce  
J. Bruce

Clerk of Course: I. D. STEEDMAN

Course Stewards: Members of Lewisvale Spartans A.C.

The Presentation of Awards will take place in the College after tea.

Certificates will be presented to all competitors completing the course.

*Hon. Secretary S.V.H.C. W.J. Ross, 10 Thornley Avenue, Glasgow, G13 3BY*

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## ENTRANTS

*'No crowds you need to urge you on; no  
Cheers your efforts wake;  
Yours is the sportsman's purest joy —  
You run for running's sake'.*

### TEAMS

*(b) denotes over 50 years; (c) denotes over 60 years.*

#### BELLAHOUSTON HARRIERS

1 P.G. Livingston	2 J. MacLean	3 T. Mercer
4 M. Philip	5 J. Irvine	
6(b) I. Buchan	7(b) G. Bell	

#### CAMBUSLANG HARRIERS

8 W. Kelly	9 J. Brownlie	10 G. Eadie
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#### CLYDE VALLEY A.C.

11 W. J. Russell	12 W. Marshall	13 D. McKirdy
14 W. Clark	15(b) J. Geddes	16(c) R. Devon

#### EDINBURGH A. C.

17 J.H. Gray	18 N. Donachie	19 J. Milne
20 H. Morrison	21 M. Stocks	22 R. Thomson

#### EDINBURGH SOUTHERN H.

23 J.E. Clifton	24 W.A. Lyall	25 H.S. Millar
26 O.J. Flaherty	27 J. S. Petty	28 C.J.G. Third

#### GARSCUBE HARRIERS

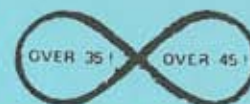
29 J. Barrowman	30 G. Dickson	31 R. Donald
32 J. Linn		
33(b) D.G. Causon	34(b) N. Ross	35(b) W.J. Ross

#### MARYHILL HARRIERS

36 R.A. MacDonald	37 R. McIntyre	38(b) T. Harrison
39(c) G. Porteous	40(c) J.E. Farrell	



**OMEN VETERAN RUNNERS ASSOCIATION**  
(Affiliated to the International Association Veteran Distance Runners)



#### AN INSPIRATION

*This colourful Japanese woman competitor, M. Hatano, gives a traditional oriental flavour to the World Veteran Marathon Championships held at Paris in May 1974. Remember that the race was run in an 80° temperature and much of the course was rough woodland terrain. She finished the course — one of 700 runners — an inspiration to us all!*



# WOMEN VETERAN RUNNERS ASSOCIATION

## INAUGURAL 5000 Metres CROSS-COUNTRY CHAMPIONSHIP

ESK VALLEY COLLEGE, DALKEITH, MIDLOTHIAN

SUNDAY 2 MARCH, 1975

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Hon. Organising Secretary: Dale S. Greig, 61 Whitehaugh Avenue, Paisley, Renfrewshire  
(Tel. 041-840 2312)

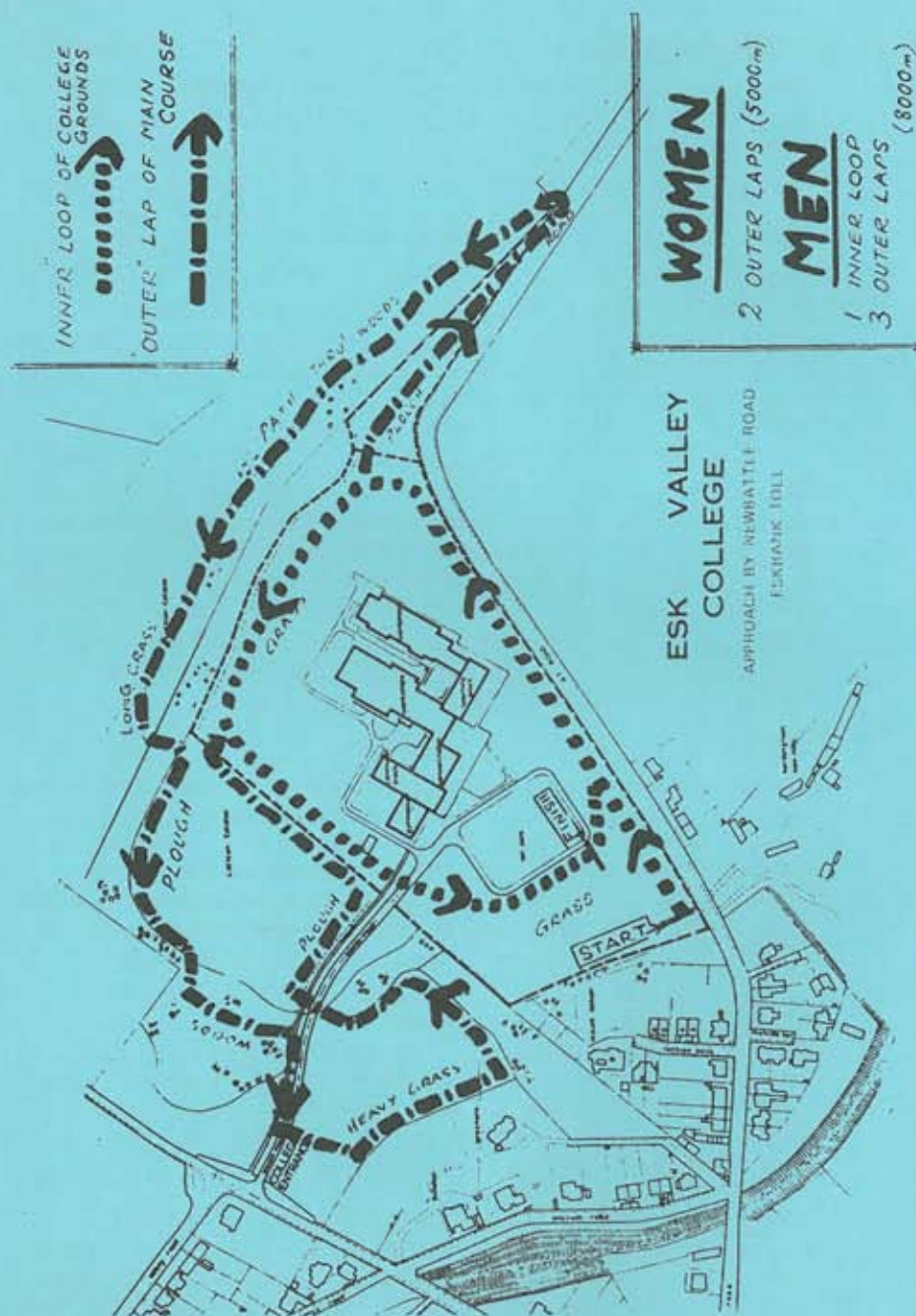
### THE CONTESTANTS

No.	NAME	Place of Residence	Category
1	NORMA CAMPBELL	Berwick-upon-Tweed	over 45
	Mother of three sons, the oldest of whom is 20, Norma first started running competitively at the age of 40. She has represented North East England in cross-country matches. Swimming is another favourite hobby. She is looking forward to competing in running events for many years yet. - so much for this new found enjoyment at 40 !		
2	RITA DOCHERTY	Greenock	over 35
	Mother of two young girls, Rita has been a supporter of women's cross-country for the past 14 years and has competed in many championship events. She recently completed a solo sponsored run (for church funds) of 15 miles from Largs to Greenock and did it in just over two hours. Her husband is also an enthusiastic runner but although in the men's event to-day, he will be more interested and proud of Rita !		
3	ELEANOR GUNSTONE	St. Andrews	over 45
	Has never competed prior to this event ! Inherited interest from the four younger members of the family who all run. Secretary of her local athletics club. The family name is currently 'big' in Scottish running circles. To turn out in to-day's event Mrs. Gunstone, never having run a race before, deserves her name to 'star' as big as any of the family !		

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No.	NAME	Place of Residence	Category
4	DALE S. GREIG	Paisley	over 35
	Has been on the run for 20 years ! Four times winner of the Scottish Women's cross-country title. Founder member of the SWCCU. First President of the Women's International C-C Union.. U.K. best performance at the marathon (3hrs 27min 25 secs) which was then a world record set at Isle of Wight 1964. Ran the Isle of Man famous TT course (40 miles) a fortnight after running a marathon in 1971 and in 1972 was the first woman ever to complete the ultra long distance classic London to Brighton-on the same day that Alastair Wood broke the record. Winner of the first Women's World Veteran Marathon Championship in Paris 1974.		
5	AILEEN LUSK	Bishopbriggs	over 45
	Mother of two, Aileen has been running since she was 24 and deserves acknowledgement as one of our pioneer veterans. She has maintained her interest and enthusiasm throughout the years; continuing on in true veteran spirit of enjoying the sport without the spur of honours to be won. She was three times winner of the Scottish cross-country title in the mid 1950's and a member of winning National teams. She is also a former title/record holder at 880 yards and 1 mile.		
6	NOREEN O'BOYLE	Clydebank	over 45
	With a husband Cyril (a competitor to-day) and daughter Moira (now a top track and C-C runner) out training every evening, Noreen, with no previous background, was eventually induced to start herself when she was 40. That takes a big heart ! Her verdict - "I wish I had started years ago !" In the last few years Noreen has progressed remarkably and looks forward to being well placed in to-day's event. She merits success !		
7	NESSIE STEEL	Linwood	over 35
	Started running at 18 and by the age of 20 was a c-c internationalist. Now with a family of five Nessie returned to the sport about three years ago through the interest of her sons. She sings in a local choir; travels to Paisley several times a week to coach girls at the club. Looks forward to to-day's event.		
8	MOLLY WILMOTH	Kirkintilloch	over 35
	Has been in the sport for some 20 years. Mother of two children, 12 and 9 years old, Molly is a former cross-country internationalist and twice winner of the Scottish 880 yards title. Coaches local girls at Kirkintilloch. She thinks the concepts of our Vet Association a wonderful idea.		





### PAISLEY HARRIERS

41 C. McAlinden  
44 M. Rafferty

42 A. J. McManus  
45(b) J. Hanton

43 A. Peden

### SHETTLESTON HARRIERS

46 B. Bickerton  
49 T. Fletcher  
52(b) R. C. Wallace

47 L. Howitt  
50 J. McNeil  
53(c) G. H. Taylor

48 T. Doherty  
51 H. K. Mitchell

### SPRINGBURN HARRIERS

54 J. Crawford  
57 W. Ramage

55 B. Fickling  
58 A. C. White

56 T. O'Reilly

### STIRLING A.A.C.

59 D. Clelland  
62 J. Murray

60 A. Galbraith  
63 W. Scott

61 C. Meldrum

### VICTORIA PARK A.A.C.

64 R. C. Calderwood  
67 R. Kane

65 H. G. Ewing  
68b J. Cascarina

66 C. D. Forbes

### INDIVIDUALS

69 A. Wood  
70 C. Wright  
71 F. Bias  
72 J. Moore  
73 J. Keirnan  
74 C. O'Boyle  
75 J. L. Henry  
76 J. Lowrie  
77 A. Cook  
78 H. Docherty  
79 W. Stoddart  
80 T. Crouch  
81 J. Black  
82 E. Campbell  
83 H. Scott  
84 R. Pickard  
85 T. Monaghan  
86(b) P. M. Minchin  
87(b) T. E. Weatherhead  
88(b) A. Coogan  
89 A. Oliver  
90 W. F. Lindsay

Aberdeen A.C.  
Ayrshire A.C.  
East Kilbride A.A.C.

Civil Service  
Clydesdale Harriers  
Cupar and District

Falkirk-Victoria H.  
Greenock Wellpark H.

Lewisvale Spartans  
Livingston & District A.A.C.  
Lochaber A.A.C.  
Perth Strathgry  
Scottish Vets.

Tayside A.C.  
Teviotdale Harriers

## PREVIOUS CHAMPIONSHIP RESULTS

1971	1 W.J. Russell	2 H. Mitchell	3 W. Marshall
o/50	1 A. Forbes	2 T. Harrison	3 W. J. Ross
o/60	1 J.E. Farrell	2 H. Haughie	3 R. Devon
Team:	SHETTLESTON *****		
1972	1 W.J. Stoddart	2 H. Mitchell	3 M. Logie
o/50	1 A. Forbes	2 T. Harrison	3 W.J. Ross
o/60	1 J.E. Farrell	2 H. Smith	3 G. Taylor
Teams:	1 Greenock Wellpark; 2 East Kilbride AC; 3 Clydesdale H. *****		
1973	1 W.J. Stoddart	2 C. McAlinden	3 T. O'Reilly
o/50	1 W.J. Ross	2 G. Porteous	3 T. Harrison
o/60	1 H. Smith	2 J.E. Farrell	3 G. Taylor
Teams:	1 Springburn H. 2 Greenock Wellpark; 3 Edin.Southern H. *****		
1974	1 C. McAlinden	2 W.J. Russell	3 W. Ramage
o/50	1 G. Martin	2 R.C.Wallace	3 W.J. Ross
o/60	1 J.E. Farrell	2 G. Porteous	3 H. Smith
Teams:	1 Springburn Harriers 2 Monkland Harriers 3 Paisley Harriers		

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The Scottish Cross-Country Union and the Scottish Veteran Harriers Club wish to record their thanks to everyone who has contributed to the success of to-day's championships, particularly Ian Steedman, the Esk Valley College, the Janitors, the Catering Manageress, Mrs. Crossan and her staff, for all their efforts.

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## 1975 RESULTS

1	Time:
2	
3	
Over 50	Over 60
1	1
2	2
3	3
Team Result:	

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## WOMEN'S 5000 METRES

1st.....  
 2nd.....  
 3rd.....  
 1st over 45.....